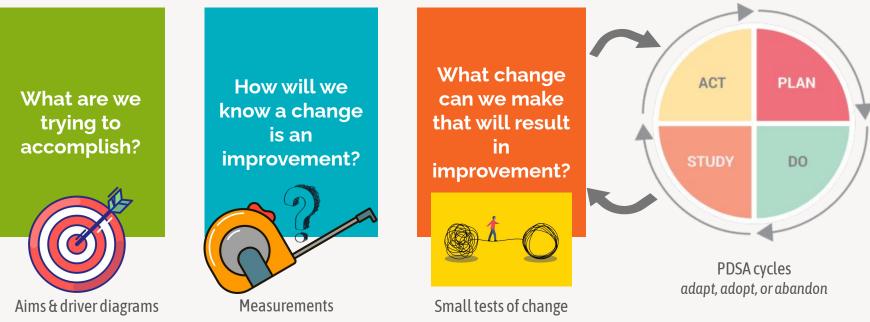


2

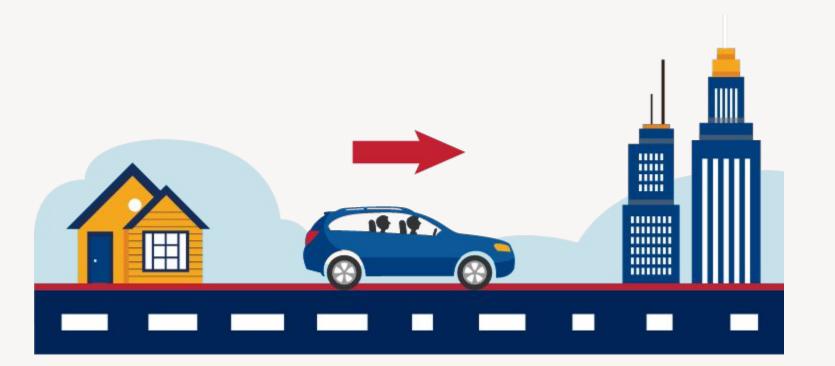


It is a simple, yet powerful tool for accelerating improvement by asking 3 questions:



Developed by the IHI

Example: Think about your commute to work



What are we trying to accomplish?



What does a "better" commute mean?

- Are we minimizing time? Or stress?
- Do we want to spend more time outside?
- Do we want less driving/more walking?
- Are we willing to spend more money?
- What are the non-negotiables/constraints?

How will we know a change is an improvement?



What measures will we use?

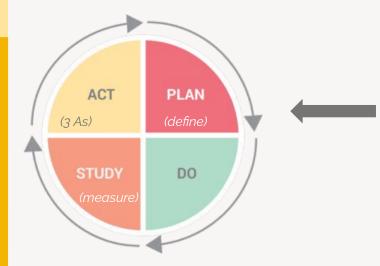
- Time spent commuting decreases?
- # of morning meetings I'm late to decreases?
- # of daily steps walked increases?
- Self-rating of happiness increases?

What change can we make that will result in improvement?



What change can we make?

- Leave 30 minutes earlier to avoid traffic
- Take a different route
- Take public transportation
 - Bike to work
 - Carpool with others



Test the change!

- Leaving 30 minutes earlier
 Improvement: Yes or No Adopt, Adapt, or Abandon
- Take another route

Improvement: Yes or No Adopt, Adapt, or Abandon

What are we trying to accomplish?



How will we know a change is an improvement?



What change can we make that will result in improvement?

